

DIRECTIONS TO TRAILS IN THE WOODS

Directions to the Frog Hollow Nature Trail

From Highway 50 West: Take the 179 exit and go south (left) 1 mile to the Edgewood traffic light. Turn right and go west to the bottom of the hill. You will see a parking lot on the left. Park there and cross the bridge into the woods. Most people prefer going to the left and traveling clockwise.

From Highway 54: Take the 179 exit and go north (left) 3.5 miles to the Edgewood traffic light. Turn left and go to the bottom of the hill. You will see a parking lot on the left. Park there and cross the bridge into the woods. Most people prefer going to the left and traveling clockwise.

Directions to Trails at Binder Lake

From Highway 50 West: Go past the Jefferson City mall and take the Apache Flats exit. Go about 2 miles until you see ball fields on the right. Turn right on Binder Lake road and go to a "T" intersection. Turn left and you will see a sign for the campground on the right. An intermediate trail leaves from the parking lot near the campground. Yellow arrows are posted. Most people travel counter-clockwise on this trail. The entrance to the trail is at the tree line behind the fenced sewage lift station.

If you continue going west about ¼ mile across the bridge, another intermediate trail goes into the woods on the left side of the road. This is just before the park road turns to the right. This trail is marked with red arrows. Concrete blocks have been placed in the ditch on the left side of the road to make a smoother entrance. People travel in both directions on this trail.

If you are looking for easier trails, turn right on the Binder Lake Road and follow it about 1/8 mile to a small parking area with only 2-3 spots at the top of a hill. An entrance to a trail marked with blue arrows is on the left. Most people travel counter-clockwise on this trail.

However, *the best place to park* is to continue on the road past the boat launching area to a small building with a large parking lot and restrooms. The building is called the old bait shop. A fairly easy trail leaves from the kiosk that is across the road from the bait shop. It is marked with green arrows and it connects to the somewhat harder trail marked with blue arrows. Most people travel the green and blue trails counter-clockwise. In the winter, the restrooms at the bait shop may be closed but restrooms are open back at the concession building between the ballfields.